



## Eddy M. Elmer

Vancouver, British Columbia, Canada

[www.eddyelmer.com](http://www.eddyelmer.com) | [eddy@eddyelmer.com](mailto:eddy@eddyelmer.com)

LinkedIn: [EddyElmer](#) | X: [@Eddy\\_Elmer](#)

## Education

**In Progress  
(Expected 2025)**

**Vrije Universiteit Amsterdam**

Ph.D., Sociology and Social Gerontology

Dissertation: *LGBTQ Minority Stress and Loneliness Across the Life Course*  
With data I collected from 15,000+ people in 88 countries, this dissertation examines the psychological factors linking sexual minority stress and loneliness across different age and gender groups. Other projects examine the links between isolation, depression, suicide, social media use, body image, partner preferences, and self-esteem.

Co-Supervisors:

[Dr. Theo van Tilburg](#), Professor of Sociology and Social Gerontology, VU

[Dr. Tineke Fokkema](#), Senior Researcher, Netherlands Interdisciplinary Demographic Institute, The Hague; Professor of Ageing, Families and Migration, Erasmus University Rotterdam

**2009 – 2012**

**Simon Fraser University**

Master of Arts, Gerontology (Health & Aging Track)

Thesis: [\*Development and Initial Validation of the Gay Men's Physical Attractiveness Scale\*](#). Using data I collected from 3,600 gay men in 40 countries, this thesis identified and measured age-related patterns in the dimensions underlying perceptions of gay men's physical attractiveness. A related goal was to examine the relationships between attractiveness preferences, exposure to sexually explicit material, and minority stress factors like internalized stigma.

Supervisor: [Dr. Norm O'Rourke, C.Psych.](#), Associate Professor of Gerontology

**2000 – 2007**

**Simon Fraser University**

Bachelor of Arts, Psychology (Minor: Counseling & Human Development)

Bachelor of General Studies (Minor: Gerontology)

**1996 – 1999**

**University of Toronto, University College**

English and Psychology

## Research Interests

- ◆ Aging and mental health of stigmatized groups (e.g., [sexual minority adults](#); [aging prisoners and parolees](#))
- ◆ Causes and consequences of chronic [isolation and loneliness](#)
- ◆ Sexuality, [attractiveness](#), and body image across the lifespan
- ◆ Evolutionary psychology
- ◆ Psychometrics, scale development, structural equation modeling

## Appointments

August 2023 -  
Present

### [Justice Institute of British Columbia](#)

*Board of Governors; Member, Finance and Audit Committee*

- ◆ Foster success of Canada's leading post-secondary institution for professionals in the justice, public safety, and social service fields
- ◆ Ensure consistency with JIBC's mandated objectives
- ◆ Develop and monitor strategic plan, approve budgets, manage risk, and set standards for organizational conduct
- ◆ Determine course or program offerings
- ◆ Oversee management's responsibility for day-to-day operations

May 2023 -  
Present

### [Correctional Service Canada, Citizen Advisory Committees \(CAC\)](#)

*Pacific Regional Chair (BC & Yukon); Vice-chair, National Executive Committee*

- ◆ Support local CACs to fulfil their mandate to [observe, advise, and liaise](#)
- ◆ Foster dialogue and engagement among all CAC members
- ◆ Gather advice and observations made by local CACs and raise them with the [Regional Deputy Commissioner](#)
- ◆ Raise regional interests with the [National Executive](#) and [Commissioner](#)
- ◆ Raise the profile of CACs within Pacific Region and beyond
- ◆ Facilitate learning and networking opportunities for CAC members

October 2018 -  
Present

### [Correctional Service Canada, Citizen Advisory Committee](#)

*Metro Vancouver West Community Corrections/Vancouver Parole Office  
Vice-chair*

- ◆ Visit prisons, observe CSC's daily operations, and ensure that CSC is operating in accordance with the *Corrections and Conditional Release Act* and the public interest
- ◆ Observe Parole Board hearings and participate in meetings about the placement of offenders in halfway houses
- ◆ Give advice on [aging federal offenders](#) and [social reintegration](#)
- ◆ Listen to public concerns and relay them to CSC management
- ◆ Improve public and professional knowledge about corrections

April 2023 -  
Present

**Vancouver Police Department, Sexual and Gender Diversity Liaison Committee**, *Co-chair (with Sergeant Chad McRae)*

- ◆ Worked with [Diversity, Community & Indigenous Relations](#) to initiate this new committee
- ◆ Aim: to foster positive and constructive relationships between VPD and 2SLGBTQ+ communities
- ◆ Activities: provide and solicit feedback on policies, procedures, training and initiatives from a sexual and gender minority perspective

May 2019 -  
Present

**City of Vancouver 2SLGBTQ+ Advisory Committee**, *Co-chair*

- ◆ Advise Council and staff on enhancing access and inclusion for 2SLGBTQ+ communities in all aspects of civic life
- ◆ Collaborate with other committees on topics of mutual interest (e.g., safety, inclusive housing, social connection, improving public spaces)

April 2012 -  
October 2018

**City of Vancouver Seniors Advisory Committee**  
*Committee Member and Secretary*

- ◆ Advised Council and staff on municipal issues affecting older adults
- ◆ Assisted City to pursue [Global Age-Friendly City](#) status from W.H.O.
- ◆ Wrote minutes, motions, press releases, and annual progress reports
- ◆ Maintained website and social media presence
- ◆ Authored [report](#) on reducing seniors' isolation and loneliness
- ◆ Participated in annual budget and capital plan discussions

## **Relevant Professional Experience**

January 2012 -  
Present

**Gerontologist and Research Consultant**  
Vancouver, British Columbia

- ◆ Assist organizations with survey design, scale development, data collection, program evaluation, statistical analysis, and report writing
- ◆ Projects have focused on services for seniors, social isolation, mental health, housing, and public safety

January 2012 -  
March 2012

**QMUNITY, British Columbia's Queer, Trans & Two-Spirit Resource Centre**  
Vancouver, British Columbia, *Intern*

- ◆ Reviewed B.C. Ombudsperson's report on improving elder care and made recommendations applicable to the needs of 2SLGBTQ+ seniors
- ◆ Developed resources for professionals working with older 2SLGBTQ+ clients (home support workers, residential care aides)

**January 2010 -  
June 2013**

**Simon Fraser University, Department of Gerontology**

Vancouver, British Columbia

*Research Assistant to Dr. Norm O'Rourke*

- ◆ Conducted literature reviews
- ◆ Drafted grant applications (SSHRC, CIHR, Michael Smith)
- ◆ Assisted with studies on depression and divorce in later life
- ◆ Advised on online data collection

**January 2008 -  
August 2009**

**Simon Fraser University, Departments of Gerontology and Psychology**

Vancouver and Burnaby, British Columbia

*Teaching Assistant: GERO 300 (Introduction to Gerontology) and  
PSYC X99W (Brain, Mind & Society)*

- ◆ Taught writing process
- ◆ Facilitated online discussions
- ◆ Graded papers and exams

**May 2000 -  
January 2008**

**Private Editor and Tutor**, Vancouver, British Columbia

- ◆ Copy-edited business and technical documents
- ◆ Assisted ESL students with oral and written language skills

**May 1998 -  
December 1998**

**University of Toronto Health Services, Medical Division**, *Webmaster*

- ◆ Managed website for the Student Health Outreach Program

**May 1996 -  
September 1999**

**Stanley M. Tick & Associates, Barristers & Solicitors**, Hamilton, Ontario

*Information Technology Manager*

- ◆ Installed and maintained new computer network
- ◆ Selected and installed record management and accounting software
- ◆ Provided ongoing technical support and training for staff

**August 1994 -  
September 1998**

**Stanley M. Tick & Associates, Barristers & Solicitors**, Hamilton, Ontario

*Law Librarian and Administrative Assistant*

- ◆ Maintained law library and retrieved case law
- ◆ Proofread documents and organized files
- ◆ Filed documents at courthouses
- ◆ Prepared client bills

**September 1993 -  
June 1994**

**Williams & Johnson, Barristers & Solicitors**, Hamilton, Ontario

*Co-op Student and Law Librarian*

- ◆ Maintained law library and retrieved case law
- ◆ Organized files
- ◆ Filed documents at courthouses
- ◆ Filled in for reception

## **Editorial and Peer Review Experience**

<b>Ad Hoc Peer Reviewer</b>	<a href="#">Archives of Sexual Behavior</a> <a href="#">British Journal of Social Psychology</a> <a href="#">Culture, Health &amp; Sexuality</a> <a href="#">Journal of Gay &amp; Lesbian Social Services</a> <a href="#">Journal of Gerontological Social Work</a> <a href="#">Journal of Homosexuality</a> <a href="#">Journal of Sex Research</a> <a href="#">Journal of Social and Personal Relationships</a> <a href="#">Journal of Existential Psychology &amp; Psychotherapy</a> <a href="#">Sexuality Research and Social Policy</a>
<b>Conference Reviewer</b>	<a href="#">Canadian Association on Gerontology</a> , <a href="#">American Society on Aging</a> , <a href="#">Gerontological Society of America</a>
<b>Editor</b>	<i>University of Toronto Student Health Outreach Newsletter</i>

## **Academic Articles and Technical Reports**

Elmer, E. M., van Tilburg, T., & Fokkema, T. (2025). Social Disconnection and Suicidality in a Global Sample of Sexual Minority Adults. *Manuscript in preparation*.

Elmer, E. M. (2025). Loneliness Among Sexual and Gender Minorities. In D. Perlman, C. Cutrona, & D. Russell (Eds.), *The Cambridge Handbook of Loneliness*. Cambridge University Press.

Elmer, E. M., van Tilburg, T., & Fokkema, T. (2024). [Age and Gender Identity in the Relationship Between Minority Stress and Loneliness: A Global Sample of Sexual and Gender Minority Adults](#). *The Journal of Sex Research*. [doi.org/10.1080/00224499.2024.2339511](https://doi.org/10.1080/00224499.2024.2339511)

Elmer, E. M. (2023). Preliminary Evaluation of the [Whole Way House](#) Pilot Project [Assessment of tenant support services to help vulnerable, disabled, and low-income seniors age in place]

Elmer, E. M., van Tilburg, T., & Fokkema, T. (2022). [Marginalization and Loneliness in a Global Sample of Sexual Minority Adults: The Roles of Social Anxiety, Social Inhibition, and Community Involvement](#). *Archives of Sexual Behavior*, 51(4), 2269-2298. [doi.org/10.1007/s10508-021-02132-3](https://doi.org/10.1007/s10508-021-02132-3)

Elmer, E. M. (2018). [Social Isolation and Loneliness Among Seniors in Vancouver: Strategies for Reduction and Prevention](#). A Report to the City of Vancouver and Vancouver Coastal Health.

Paterson, T. S. E., O'Rourke, N., Elmer, E. M., Shapiro, R. J., & Thornton, W. L. (2011). [The Composition and Structure of Depressive Symptomatology in Renal Disease](#). *Canadian Journal of Behavioral Science*, 43 (4), 318-327.

## Academic and Professional Conference Presentations

- April 4, 2024** Elmer, E. M. [The Role of Minority Stress in Loneliness](#). Presentation for HASTalks Seminar Series, Department of Health, Aging & Society, McMaster University, Hamilton, ON.
- October 1, 2022** Elmer, E. M., & Chandra, S. [How Citizen Advisory Committees Support the Reintegration of Offenders](#). Presentation at the 5th World Congress on Probation and Parole, Ottawa, ON.
- September 30, 2022** Elmer, E. M. [Managing Loneliness Among Offenders Re-Entering the Community](#). Presentation at the 5th World Congress on Probation and Parole, Ottawa, ON.
- April 9, 2021** Elmer, E. M., & Campbell Pope, H. [Early Release of Aging Prisoners During COVID-19: The Need for a Cautious and Pragmatic Approach](#). Poster session at the 66th Annual Meeting of the American Society on Aging.
- November 4, 2020** Elmer, E. M., & Campbell Pope, H. [Meeting the Mental and Physical Health Needs of Older Offenders: Does 'Aging in Place' Work in Prison?](#) Virtual Presentation at the 72nd Annual Meeting of the Gerontological Society of America, Philadelphia, PA.
- November 2, 2019** Elmer, E. M. [Coping with Loneliness: How the Arts Can Help People Ease Back into Social Life](#). Presentation at the Annual Music Therapy Association of British Columbia Conference, New Westminster, BC.
- October 31, 2019** Elmer, E. M., & Campbell Pope, H. [Addressing Mistreatment of GBTQ2 Offenders in the Correctional System](#). Poster session at the 15th Annual Gay Men's Health Summit, Vancouver, BC.
- June 10, 2019** Elmer, E. M. [Promoting Resilience Among Older Prisoners and Parolees](#). Poster session at the 28th Annual John K. Friesen Conference, Simon Fraser University, Vancouver, BC.
- November 14, 2018** Elmer, E. M., van Tilburg, T., & Fokkema, T. [Chronic Loneliness Among Lesbian, Gay, and Bisexual Older Adults: Impact of Early-Life and Current Marginalization](#). Poster session at the 70th Annual Meeting of the Gerontological Society of America, Boston, MA.
- October 20, 2018** Elmer, E. M. [Strategies to Help Older Adults Prevent or Overcome Loneliness: What \*Not\* To Do](#). Poster session at the 47th Annual Meeting of the Canadian Association on Gerontology, Vancouver, BC.

- October 19, 2018** Elmer, E. M. Fostering Social Connections in Non-Institutional Multi-Unit Residential Buildings: Recommendations from the City of Vancouver Seniors' Advisory Committee. Presentation at the 47th Annual Meeting of the Canadian Association on Gerontology, Vancouver, BC.
- August 4, 2018** Elmer, E. M. Loneliness Among Lesbian, Gay, and Bisexual Individuals: Coping From a Meaning-Centered Perspective. Paper presented at the 10th Biennial International Meaning Conference, Richmond, BC.
- May 16, 2018** Elmer, E. M., van Tilburg, T., & Fokkema, T. Marginalization and Loneliness Among LGBTQ Individuals: Age and Gender Differences. Poster session at the 27th Annual John K. Friesen Conference, Simon Fraser University, Vancouver, BC.
- May 16, 2018** Elmer, E. M. The Social Isolation and Loneliness Among Seniors (SILAS) Project: Final Report from the City of Vancouver Seniors' Advisory Committee. Presentation at the 27th Annual John K. Friesen Conference, Simon Fraser University, Vancouver, BC.
- March 28, 2018** Elmer, E. M., van Tilburg, T., & Fokkema, T. Marginalization and Loneliness Among Young and Older LGB Adults: The Mediating Roles of Minority Stress, Social Anxiety, and Social Inhibition. Poster session at the 64th Annual Meeting of the American Society on Aging, San Francisco, CA.
- November 3, 2017** Elmer, E. M., van Tilburg, T., & Fokkema, T. Marginalization and Mental Health of GBQ Men: Loneliness and Stigma Preoccupation as Mediators. Poster session at 13th Annual Gay Men's Health Summit, Vancouver, BC.
- October 21, 2017** Elmer, E. M., van Tilburg, T., & Fokkema, T. Concealment of Sexual Orientation and Mental Distress Among Older LGB Adults: The Mediating Role of Internalized Homonegativity. Poster session at the 46th Annual Meeting of the Canadian Association on Gerontology, Winnipeg, MB.
- July 25, 2017** Elmer, E. M. Validation of the Social Appearance Anxiety Scale with Older Heterosexual and Sexual Minority Men. Poster session at the 21st Annual World Congress of Geriatrics and Gerontology, San Francisco, CA.
- May 18, 2017** Elmer, E. M., van Tilburg, T., & Fokkema, T. Marginalization and Mental Health of Older LGB Adults: Mediating Roles of Loneliness and Stigma Preoccupation. Poster session at the 26th John K. Friesen and 20th Annual British Columbia Psychogeriatric Association Conference, Vancouver, BC.

- March 22, 2017** Elmer, E. M. Measuring Sexual Orientation Disclosure vs. Concealment Across Age and Sexual Orientation Groups: Psychometric Properties of the Nebraska Outness Scale. Poster session at the 63rd Annual Meeting of the American Society on Aging, Chicago, IL.
- November 9, 2016** Elmer, E. M. Mirror, Mirror on the Wall: Age-Related Changes in Social Appearance Anxiety Among Sexual Minority Men. Presentation at the 12th Annual Gay Men's Health Summit, Vancouver, BC.
- October 22, 2016** Elmer, E. M. Mate Preferences Based on Age and Sexual Orientation: Testing an Evolutionary Hypothesis. Poster session at the 45th Annual Meeting of the Canadian Association on Gerontology, Montréal, QC.
- March 22, 2016** Campbell, H., & Elmer, E. M. Loneliness & the Law: Rethinking the Right to Refuse Support and Assistance. Presentation at the 62nd Annual Meeting of the American Society on Aging, Washington, DC.
- November 13, 2015** Campbell, H., & Elmer, E. M. The Lonely Client: Identifying Psycholegal "Soft Spots" in the Solicitor-Client Relationship. Paper presented at the 2015 Canadian Conference on Elder Law, Vancouver, BC
- November 5, 2015** Elmer, E. M. The Pain with Many Faces: Challenges in Identifying Chronic Loneliness in Older Gay Men. Presentation at the 11th Annual Gay Men's Health Summit, Vancouver, BC.
- October 25, 2015** Elmer, E. M. Loneliness Interventions for Older Adults in Perpetually Isolating Environments. Presentation at the 44th Annual Meeting of the Canadian Association on Gerontology, Calgary, AB.
- March 25, 2015** Elmer, E. M. Sampling Older LGBT Adults via Social Media. Poster session at the 61st Annual Aging in America Conference, Chicago, IL.
- October 30, 2014** Elmer, E. M. Loneliness Among Older Gay Men: A Biopsychosocial Model. Presentation at the 10th Annual Gay Men's Health Summit, Vancouver, BC
- March 11, 2014** Elmer, E. M. Measuring Internalized Homonegativity in Young and Older Gay Men. Poster session at the 60th Annual Meeting of the American Society on Aging, San Diego, CA.
- November 7, 2013** Elmer, E. M. Effects of Sexually-Explicit Material on Dimensions Underlying Gay Men's Physical Attractiveness Judgements. Presentation at the 9th Annual Gay Men's Health Summit, Vancouver, BC.



- October 19, 2012** Elmer, E. M. & O'Rourke, N. The Latent Structure of Internalized Homonegativity Among Young and Older Gay Men. Poster session at the 41st Annual Scientific and Educational Meeting of the Canadian Association on Gerontology, Vancouver, BC.
- October 19, 2012** Elmer, E. M. & O'Rourke, N. The Latent Structure of Physical Attractiveness Judgments Among Young and Older Gay Men. Poster session at the 41st Annual Scientific and Educational Meeting of the Canadian Association on Gerontology, Vancouver, BC.
- August 2, 2012** O'Rourke, N., Elmer, E. M., & Polchenko, N. Between-Sex and Within-Couple Patterns of Depressive Symptoms Among Long-Wed Husbands and Wives. Poster session at the 120th Annual Convention of the American Psychological Association, Orlando, FL.
- May 30, 2011** O'Rourke, N., & Elmer, E. M. Depressive Symptoms Among Older Husbands and Wives Over Time. Paper at 5th International Conference on Psychology at Institute for Education and Research, Athens, Greece.

### **Panel Discussions, Invited Talks, and Conference Organization**

- April 18, 2025** Older Adults in the Correctional System. Guest lecture for CRIM-346 (Current Topics in Corrections), Simon Fraser University, Burnaby, BC.
- November 2024** Traumatic Brain Injuries in Prison and Parole Populations: From Assessment to Reintegration. Webinar organizer and co-moderator (with Alana McFarlane). Correctional Service of Canada Citizen Advisory Committee, Metro Vancouver West Community Corrections
- March 15 and 18, 2024** The Role of Public Involvement in the Correctional System. Guest lectures for CRIM-241 (Introduction to Corrections) and CRIM-346 (Current Topics in Corrections), Simon Fraser University, Burnaby, BC.
- March 1, 2024** Loneliness Among Older Sexual and Gender Minority Adults. Presentation for the Living with Pride Foundation, Westin Bayshore Hotel, Vancouver, BC.
- December 6, 2023** Presentation about Good Neighbours, a Dutch documentary about social isolation. Community Foundation for Kingston and Area, ON.
- November 28, 2023** Digital Literacy: Empowering Transition from Incarceration to Community. Webinar organizer and co-moderator (with Swayam Chandra). Correctional Service of Canada Citizen Advisory Committee, Metro Vancouver West Community Corrections.

- November 29, 2022** [Public Safety Through Support and Accountability: Community Reintegration Programs for Specific Groups of Offenders and Their Families](#). Webinar organizer and co-moderator (with Swayam Chandra). Correctional Service of Canada Citizen Advisory Committee, Metro Vancouver West Community Corrections.
- June 8, 2022** [Isolation, Loneliness, and Community Safety](#). Presentation at the Vancouver Police Department Seniors Health and Safety Fair, Creekside Community Centre.
- March 25, 2022** [Meeting the Challenges of Older Offenders Re-Entering the Community](#). Guest lecture for CRIM 3340: Problem Solving & Interventions in Criminal Justice, Douglas College, New Westminster, BC.
- November 2, 2021** [Victims of Canadian Federal Offenders: Meeting Needs and Improving Supports](#). Webinar organizer and co-moderator (with Swayam Chandra). Correctional Service of Canada Citizen Advisory Committee, Metro Vancouver West Community Corrections.
- October 4, 2021** [Impact of Isolation and Loneliness on Older Prisoners](#). Guest lecture for HTLH AGE 2J03: Critical Perspectives on Aging and Well-Being in the Prison System, McMaster University, Hamilton, ON [Online].
- April 14, 2021** [Loneliness Among Sexual Minority Adults](#). Presentation for the Vancouver Police Department *ElderPride* Program [Online].
- November 24, 2020** [Loneliness Among Aging Offenders: Causes, Impacts and Responses](#). Webinar organizer and presenter: [Meeting Needs of Older Offenders in the Community](#). Correctional Service of Canada Citizen Advisory Committee, Metro Vancouver West Community Corrections.
- October 1, 2020** [The Psychology of Loneliness](#). Panel presentation for *UN International Day of Older Persons Celebration*, Greater Victoria Eldercare Foundation and University of Victoria Institute on Aging and Health [Online].
- February 12, 2020** [Identifying and Responding to Loneliness](#). Presentation for Brock House Society, Vancouver, BC.
- November 22, 2019** [Coping with Loneliness](#). Presentation for the Peretz Centre for Secular Jewish Culture, Vancouver, BC.
- November 8, 2019** [The Doctor is In: Social Isolation Q&A](#). Provincial Summit on Healthy Aging, United Way of the Lower Mainland, Richmond, BC.

- November 2, 2019** LGBTQ+ Offenders in the Correctional System. Presentation for the Correctional Service of Canada Citizen Advisory Committee, Metro Vancouver West Community Corrections.
- October 5, 2019** Loneliness: Not Just Being Alone. Presentation for *White Rock Live*, White Rock Seventh-Day Adventist Church, White Rock BC.
- July 16, 2019** Isolation and Loneliness Among Marginalized Groups. Panel presenter: *Isolation and Aging: Risk Factors and Responses*, United Way of the Lower Mainland, Vancouver, BC [Online].
- June 19, 2019** Discussant, Frames of Mind Mental Health Film Series, UBC Department of Psychiatry and The Pacific Cinémathèque. Film: [Good Neighbours](#).
- May 30, 2019** Reducing and Preventing Social Isolation and Loneliness Among Older Adults: Recommendations from the City of Vancouver Seniors' Advisory Committee. Presentation at the Annual Knowledge Exchange, National Initiative for Care of the Elderly, University of Toronto.
- March 25, 2019** The Value of Advisory Committee Roles for Gerontology Graduates. Presentation for Gerontology Careers Night, Simon Fraser University Gerontology Graduate Caucus, Vancouver, BC.
- March 14, 2019** Loneliness Among Marginalized Groups: Older LGBTQ Adults and Aging Offenders. Guest lecture for Gerontology 300—Introduction to Gerontology, Simon Fraser University. Instructor: Dr. Sarah Canham.
- February 19, 2019** Resilience, Social Connection, and Community. Presentation for *Lived Experiences of Aging Immigrants Forum*, United Way of Lower Mainland and Simon Fraser University Department of Gerontology, Vancouver, BC.
- January 12, 2019** Avoiding Pitfalls When Trying to Help Isolated or Lonely People. Presentation for *Beyond the Conversation*, North Vancouver City Library.
- December 12, 2018** Coping with Loneliness. Presentation for the West End Seniors' Network, Vancouver, BC.
- November 7, 2018** Social Isolation and Loneliness Among Older Adults. Presentation for Brock House Society, Vancouver, BC.
- October 27, 2018** An Introduction to Social Isolation and Loneliness. Presentation for Knox United Church, Vancouver, BC.

- September 27, 2018** Using Technology to Help Combat Isolation and Loneliness. Presentation for *Aging 2.0*, Telus Innovation Centre, Vancouver, BC.
- August 15, 2018** Loneliness Among GBTQ Men. Part two of summer webinar series for the Gay Men's Sexual Health Alliance and the Community-Based Research Centre, Toronto, ON and Vancouver, BC.
- August 9, 2018** Coping with Loneliness as an LGBTQ+ Person. Presentation for the South Granville Seniors' Centre, Vancouver, BC.
- July 18, 2018** Loneliness: Not Always What We Think. Part one of summer webinar series for the Gay Men's Sexual Health Alliance and the Community-Based Research Centre, Toronto, ON and Vancouver, BC.
- May 30, 2018** Loneliness in Later Life. Webinar for B.C. Psychogeriatric Association.
- May 25, 2018** Social Isolation and Loneliness: Myths and Realities. Presentation to Quadra-Granville Seniors, the South Granville Seniors' Centre, and the Hon. Jody Wilson-Raybould, Minister of Justice for Canada.
- January 9, 2018** Reducing and Preventing Social Isolation and Loneliness Among Seniors. Presentation for the City of Vancouver Social Planning Table.
- October 12, 2014** Loneliness. Presentation for PrimeTimers, Vancouver, BC.
- October 1, 2014** The Paradox of Loneliness. Public lecture for National Seniors' Day, Vancouver Public Library, Central Branch.
- May 30, 2014** Loneliness: From Genetics to Social Perception. Presentation for the West End Seniors' Network Volunteer Training Program, Vancouver, BC.
- April 30, 2014** Loneliness: A Biopsychosocial Perspective. Presentation for Gay and Gray, The Roundhouse Community Centre, Vancouver, BC.
- March 3, 2014** Discussant, National Seniors Council of Canada Regional Roundtable on Social Isolation and Seniors, Vancouver, BC.
- November 30, 2011** Disparities Among Older Gay Adults in the Healthcare System. Presentation for Simon Fraser University Health Ethics Club.

## Other Guest Lectures for University Classes

**2012 - Present** Various guest lectures on mental health and sexuality in the Department of Gerontology, Simon Fraser University:

GERO101: Aging and Society  
 GERO300: Introduction to Gerontology  
 GERO400: Applied Gerontology  
 GERO408: Families Over the Life Course  
 GERO410: Sexuality and Aging

## Media Citations and Contributions

**September 17, 2024** [Public participation in the correctional system](#). Interview on *Senior Moments with Sharon Hurd*, CFIS-FM, Prince George

**August 29, 2024** [Looking? A documentary on queer loneliness](#). Presented by Dan Eglington and produced by Alex Parnham-Cope, *Virgin Radio Pride UK*

**June 20, 2024** [Historical and research perspectives on 2SLGBTQ+ aging](#). Interview on *Senior Moments with Dr. Dawn Hemingway*, CFIS-FM, Prince George

**January 30, 2024** [The history and legacy of LGBTQ criminalization in Canada](#). Interview on *Senior Moments with Sharon Hurd*, CFIS-FM, Prince George

**July 4, 2023** [The value of Citizen Advisory Committees at Correctional Service Canada](#), Interview on *Senior Moments with Sharon Hurd*, CFIS-FM, Prince George

**June 26, 2023** [Eddy Elmer's webinar vision enabled global conversations about corrections](#). Season Osborne, *Let's Talk Express*, Correctional Service Canada

**March 3, 2023** [Progress unclear for LGBTQ+ participation on Coquitlam advisory committees](#). Sarah Leung, *The Langara Voice*

**December 4, 2022** [Loneliness and marginalisation in the LGBTQ community](#). *Conversations to Connect Podcast*, Campaign to End Loneliness, London, UK

**December 2, 2022** [Vancouverites warn of treacherous conditions on sidewalks, roads](#). Elana Shephert, *Vancouver is Awesome*

**November 25, 2022** [Blaze by Vancouver Art Gallery sparks conversation about garbage bin safety](#). Elana Shephert, *Vancouver is Awesome*

- August 4, 2022**      [Rise of police-reported hate crimes against LGBTQ+ people.](#)  
*CBC Early Edition*
- July 7, 2022**      [The Chris Pincher scandal is a reminder that gay men like me aren't 'asking for it'.](#) James Downs, *The Independent*, London, UK
- June 17, 2022**      [Do you live on a dark street in Vancouver? This might be why.](#)  
Elana Shepert, *Vancouver Is Awesome*
- February 27, 2022**      [Marginalisation and loneliness among sexual minorities: How are they linked?](#) Eddy Elmer, Theo van Tilburg, and Tineke Fokkema, *Campaign to End Loneliness*, London, UK
- February 7, 2022**      [Citizens' Police Academy.](#) *Vancouver Police: Year in Review* (pp. 10-11)
- January 25, 2022**      [The power of collaboration: CAC provides learning opportunities to a wide range of community partners.](#) *Let's Talk Express*, Correctional Service Canada
- June 14, 2021**      [Reducing elder abuse among lonely widowed clients.](#) Heather Campbell Pope and Eddy Elmer, *The Lawyer's Daily*
- February 26, 2021**      [Vancouver Mural Festival exhibits vandalized.](#) Ash Kelly, *CityNews*
- February 11, 2021**      [Vancouver City Council looking into improving public lighting after idea from resident.](#) Jonathan Szekers, *CityNews*
- January 11, 2021**      [What is going on in Vancouver?](#) Interview on *The Lynda Steele Show*, 980 CKNW, *Global News Radio*
- January 10, 2021**      ["I no longer feel safe in this city": Vancouver man shaken after anti-Semitic and homophobic attacks.](#) Tessa Vikander, *CTV News*
- January 9, 2021**      ["I no longer feel safe in this city," says Vancouver man after alleged hate-motivated assault,](#) Simon Little, *Global News*
- August 26, 2020**      [A Gay Vancouver resident now among the many who feel unsafe.](#)  
Interview on *The Lynda Steele Show*, 980 CKNW, *Global News Radio*
- June 26, 2020**      [Caution urged before releasing prisoners with dementia.](#)  
Heather Campbell Pope and Eddy Elmer, *The Lawyer's Daily*
- June 4, 2020**      [Responding to the needs of older LGBT adults during COVID-19.](#)  
Eddy Elmer, *GRC News*, SFU Gerontology Research Centre, p. 20.

- May 14, 2020**      [Releasing elderly inmates en masse in Canada is misguided.](#)  
Heather Campbell Pope and Eddy Elmer, *The Hamilton Spectator*
- April 2020**      [Welfare of aging offenders: Why should we care?](#) Eddy Elmer and  
Heather Campbell Pope, *GRC News*, SFU Gerontology Research Centre
- March 2020**      [Vision 20/20: Zoomer asks Canadian experts to share their latest  
research into healthy ageing.](#) Sharon Oosthoek, *Zoomer Magazine*
- November 29, 2019**      [Aging parolees open old wounds.](#) Heather Campbell Pope and  
Eddy Elmer, *St. John's Telegram*
- September 10, 2019**      [Getting to know your neighbours? There's an app for that.](#) Interview with  
CBC Radio National Trends Reporter, Jason Osler
- July 22, 2019**      [Social isolation and loneliness among seniors in Vancouver.](#) Interview on  
*The Rational*, Vancouver Co-op Radio.
- September 8, 2018**      [Solutions for chronic loneliness require vision, innovation.](#)  
Heather Campbell and Eddy Elmer, *The Province*, *Victoria Times-Colonist*
- August 1, 2018**      [The Social Isolation & Loneliness Among Seniors Project.](#) Eddy Elmer,  
*GRC News*, SFU Gerontology Research Centre
- July 19, 2018**      [Vancouver residents feel unwelcome as privately-owned public spaces  
spread.](#) Kerry Gold, *The Globe and Mail*
- November 17, 2017**      [Fighting loneliness with a community of seniors.](#) Linda Givetash, *The Tye*
- November 9, 2017**      [Seniors group calls for washrooms at SkyTrain stations.](#) Glenda Luymes,  
*The Vancouver Sun*
- 1995 - Present**      Various opinion pieces on sexuality and psychology for [The Varsity](#)  
(*University of Toronto*), [The Peak](#) (SFU), [Meaning.ca](#), *Westender*, *Xtra*,  
*Digital Queeries*, *\*spark-online*, [Stoney Creek News](#), *Hamilton Lawyer*
- June 15, 1992**      Canadian unity, Interview on Roy Green *TalkLine*, 900 CHML Hamilton

## Community Service/Training

April 2022 -  
March 2023

[Simon Fraser University, Department of Gerontology](#)  
*Program Evaluator*

- ◆ Quasi-experimental evaluation of [Whole Way House](#), a unique program for [veterans](#) and other seniors at risk for homelessness
- ◆ Designed survey, analyzed data (qualitative and quantitative), and wrote final report

September 2021 -  
October 2021

[Community Police Academy, Vancouver Police Department](#)  
*Participant*

and

October 2023 -  
November 2023

- ◆ Program to engage leaders from the city's diverse communities, explain the work of police, and strengthen community partnerships
- ◆ Lectures on diversity in policing, stages of a criminal investigation, intelligence gathering, active deadly threats, and gangs
- ◆ Participation in critical incident scenarios and use-of-force/weapons demonstrations at the Tactical Training Centre
- ◆ Patrol ride-alongs and visit to Operational Command Centre

March 2014 -  
August 2014

[West End Seniors' Network](#), W.E. Are Safe, *Advisory Committee Member*

- ◆ Steered [New Horizons for Seniors](#) pilot project to help businesses recognize and report financial elder abuse

January 2003 -  
May 2004

[Crisis Intervention and Suicide Prevention Centre of British Columbia](#)  
*24-Hour Crisis Line Counsellor*

- ◆ 230 hours providing emotional support to callers in distress
- ◆ Referred callers to resources

May 1996 -  
May 1997

[Centre for Addiction and Mental Health](#), [Clark Institute of Psychiatry](#),  
**University of Toronto**  
*Occupational Therapy and Research Assistant*

- ◆ Worked with psychiatry patient to improve computer skills
- ◆ Assisted staff with literature reviews

July 1994 -  
September 1994

[Canadian Red Cross](#), **Home Healthcare Services**, Hamilton, Ontario  
*Office Assistant*

- ◆ Word processing
- ◆ Preparation of spreadsheets for annual budget



## **Technical Skills**

Survey design; measurement; scale development and validation; online data collection; factor analysis; structural equation modeling; [SPSS](#); [JASP](#); [AMOS](#); [Qualtrics](#)

## **Additional Languages**

French: conversant, written; Serbo-Croatian: conversant

## **Awards and Recognitions**

- 2022**      [James A. Murphy Citizen Advisory Committee Award](#),  
Correctional Service Canada ([Related article](#))
- 2021**      Pacific Region Nominee, [James A. Murphy Citizen Advisory Committee Award](#), Correctional Service Canada
- 2017**      [Canadian Association on Gerontology](#), Student Travel Grant
- 2015**      [Social Sciences and Humanities Research Council of Canada](#),  
4-Year Doctoral Fellowship
- 2015**      [Canadian Association on Gerontology](#), Student Travel Grant
- 2012**      [Canadian Association on Gerontology](#), Research Poster Competition:  
Top-Ranked Master's Student Poster (Psychology Division)
- 2012**      [Canadian Association on Gerontology](#), Student Travel Grant
- 2009**      [Social Sciences and Humanities Research Council of Canada](#),  
CGS Master's Fellowship
- 2009**      [Isabel Dawson Memorial Award in Gerontology](#)
- 2008**      [Simon Fraser University](#), Graduate Fellowship
- 2008**      [New York University, Silver School of Social Work](#), MSW Entrance  
Scholarship (Declined)
- 2006**      [Simon Fraser University, Dean's Honour Roll](#), Summer and Fall
- 2002**      [Simon Fraser University, Dean's Honour Roll](#), Spring and Winter

- 1995 [J.S. McLean Memorial Scholarship](#), University of Toronto
- 1995 [United Steelworkers of America Scholarship](#)
- 1995 [United Steelworkers of America, Local 1005](#), John Lennie Memorial Scholarship
- 1995 [Stelco Inc.](#) Scholarship
- 1995 [Ontario Scholar Award](#)
- 1994 [Dofasco Inc.](#) Partners in Education Award
- 1993 [Henry Birks & Sons](#), Medal for Proficiency in English
- 1993 [Canadian Club of Hamilton](#), Centennial Conference Writing Award
- 1992 Stoney Creek Youth Ambassador, Canada Flag Day Festival

## **Memberships**

[American Society on Aging](#), Student Member

[Canadian Association on Gerontology](#), Student Member (Psychology Division)

[Human Behavior and Evolution Society](#), Student Member

[International Prisons and Corrections Association](#), Member

[Out on Patrol](#), Community Partner